Hasil Analisis SPSS

Prokrastinasi Akademik

| **Reliability Statistics** | |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .869 | 33 |

| **Item-Total Statistics** | | | | |
| --- | --- | --- | --- | --- |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| VAR00001 | 99.0838 | 96.919 | .430 | .865 |
| VAR00002 | 99.4241 | 95.582 | .498 | .863 |
| VAR00003 | 99.4398 | 95.448 | .509 | .863 |
| VAR00004 | 99.2932 | 95.556 | .612 | .861 |
| VAR00005 | 99.3089 | 95.467 | .564 | .862 |
| VAR00006 | 99.2984 | 95.821 | .539 | .863 |
| VAR00007 | 99.2251 | 96.417 | .602 | .862 |
| VAR00008 | 100.0000 | 101.358 | .077 | .873 |
| VAR00009 | 99.0681 | 97.253 | .441 | .865 |
| VAR00010 | 99.3979 | 95.672 | .554 | .862 |
| VAR00011 | 99.0733 | 98.005 | .404 | .866 |
| VAR00012 | 99.2251 | 96.417 | .602 | .862 |
| VAR00013 | 99.4660 | 95.703 | .478 | .864 |
| VAR00014 | 99.5864 | 97.286 | .312 | .868 |
| VAR00015 | 99.1623 | 97.895 | .406 | .866 |
| VAR00016 | 99.6387 | 94.779 | .418 | .865 |
| VAR00017 | 99.3717 | 94.361 | .580 | .861 |
| VAR00018 | 99.3613 | 96.558 | .426 | .865 |
| VAR00019 | 99.9738 | 98.215 | .312 | .868 |
| VAR00020 | 99.5550 | 99.217 | .249 | .869 |
| VAR00021 | 99.4188 | 100.045 | .171 | .871 |
| VAR00022 | 99.4817 | 94.093 | .497 | .863 |
| VAR00023 | 99.4450 | 94.322 | .524 | .862 |
| VAR00024 | 99.4136 | 94.770 | .484 | .863 |
| VAR00025 | 99.9110 | 99.187 | .218 | .870 |
| VAR00026 | 99.3927 | 98.482 | .298 | .868 |
| VAR00027 | 99.3351 | 98.319 | .370 | .866 |
| VAR00028 | 99.5812 | 99.571 | .239 | .869 |
| VAR00029 | 99.5550 | 99.438 | .289 | .868 |
| VAR00030 | 99.7068 | 100.135 | .147 | .872 |
| VAR00031 | 100.0471 | 99.393 | .175 | .872 |
| VAR00032 | 99.6440 | 99.515 | .214 | .870 |
| VAR00033 | 99.2094 | 99.756 | .284 | .868 |

Aitem Gugur (0.25) : 8, 20, 21, 25, 28, 30, 31, 32

| **Reliability Statistics** | |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .888 | 25 |

Regulasi Emosi

| **Reliability Statistics** | |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .821 | 18 |

| **Item-Total Statistics** | | | | |
| --- | --- | --- | --- | --- |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| VAR00001 | 39.6387 | 45.748 | .534 | .807 |
| VAR00002 | 39.9948 | 46.321 | .481 | .810 |
| VAR00003 | 39.5864 | 44.191 | .560 | .804 |
| VAR00004 | 39.4921 | 44.388 | .598 | .802 |
| VAR00005 | 39.5759 | 44.793 | .370 | .817 |
| VAR00006 | 39.6963 | 44.455 | .514 | .806 |
| VAR00007 | 39.3351 | 47.603 | .224 | .824 |
| VAR00008 | 39.6387 | 43.916 | .549 | .804 |
| VAR00009 | 40.4921 | 48.230 | .286 | .819 |
| VAR00010 | 39.8586 | 45.617 | .410 | .813 |
| VAR00011 | 40.1414 | 46.659 | .346 | .816 |
| VAR00012 | 39.8115 | 47.238 | .329 | .817 |
| VAR00013 | 39.6440 | 45.504 | .433 | .811 |
| VAR00014 | 39.6230 | 45.552 | .456 | .810 |
| VAR00015 | 39.7644 | 45.739 | .416 | .812 |
| VAR00016 | 39.7539 | 45.429 | .405 | .813 |
| VAR00017 | 40.1780 | 47.842 | .334 | .817 |
| VAR00018 | 40.4450 | 50.027 | .098 | .826 |

Aitem Gugur (0.25) : 7 dan 18

| **Reliability Statistics** | |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .829 | 16 |

Uji Normalitas

|  |  |  |
| --- | --- | --- |
| **One-Sample Kolmogorov-Smirnov Test** | | |
|  | | Unstandardized Residual |
| N | | 191 |
| Normal Parametersa,b | Mean | .0000000 |
| Std. Deviation | 9.46559632 |
| Most Extreme Differences | Absolute | .041 |
| Positive | .041 |
| Negative | -.034 |
| Test Statistic | | .041 |
| Asymp. Sig. (2-tailed) | | .521c,d |
| a. Test distribution is Normal. | | |
| b. Calculated from data. | | |
| c. Lilliefors Significance Correction. | | |
| d. This is a lower bound of the true significance. | | |

Uji Homogenitas

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Test of Homogeneity of Variances** | | | | | |
|  | | Levene Statistic | df1 | df2 | Sig. |
| Prokrastinasi Akademik | Based on Mean | 2.152 | 1 | 191 | .178 |
| Based on Median | 2.248 | 1 | 191 | .154 |
| Based on Median and with adjusted df | 2.248 | 1 | 165.498 | .168 |
| Based on trimmed mean | 2.195 | 1 | 191 | .162 |

Uji T-Test

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Independent Samples Test** | | | | | | | | | | |
|  | | Levene's Test for Equality of Variances | | t-test for Equality of Means | | | | | | |
| F | Sig. | t | df | Sig.  (2-tailed) | Mean Difference | Std. Error Difference | 95% Confidence Interval of the Difference | |
| Lower | Upper |
| Prokrastinasi Akademik | Equal variances assumed | 2.152 | .144 | -2.215 | 191 | .000 | -4.86017 | 1.50074 | -7.82241 | -1.89792 |
| Equal variances not assumed |  |  | -2.414 | 137.143 | .000 | -4.86017 | 1.54603 | -7.91731 | -1.80303 |

Perbedaan Mean Prokrastinasi Akademik ditinjau dari Regulasi Emosi

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Group Statistics** | | | | | |
|  | Regulasi Emosi | N | Mean | Std. Deviation | Std. Error Mean |
| Prokrastinasi Akademik | Tinggi | 111 | 100.7426 | 8.96176 | .89173 |
| Rendah | 80 | 105.6027 | 10.79061 | 1.26295 |

R Square

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Measures of Association** | | | | |
|  | R | R Squared | Eta | Eta Squared |
| Prokrastinasi Akademik \* Regulasi Emosi | -.482 | .240 | .533 | .284 |

Uji Kategorisasi

| **Descriptive Statistics** | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | N | Range | Minimum | Maximum | Mean | Std. Deviation | Variance |
| Prokrastinasi Akademik | 191 | 58.00 | 71.00 | 129.00 | 102.5654 | 10.15173 | 103.058 |
| Regulasi Emosi | 191 | 48.00 | 18.00 | 66.00 | 42.1571 | 7.14927 | 51.112 |
| Valid N (listwise) | 191 |  |  |  |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Variabel** | **Kategori** | **Kriteria** | **Kriteria Nilai** |
| Regulasi Diri | Tinggi | X ≥ *Mean* | ≥ 42 |
| Rendah | *Mean* < X | < 42 |

|  |  |  |
| --- | --- | --- |
| **Kategori** | **Tingkat Regulasi Diri** | |
| **∑ Responden** | **Persentase (%)** |
| Tinggi | 111 | 58% |
| Rendah | 80 | 42% |
| **TOTAL** | 191 | 100% |

|  |  |  |  |
| --- | --- | --- | --- |
| **Variabel** | **Kategori** | **Kriteria** | **Kriteria Nilai** |
| Prokrastinasi Akademik | Tinggi | X ≥ *Mean* | ≥ 103 |
| Rendah | *Mean* < X | < 103 |

|  |  |  |
| --- | --- | --- |
| **Kategori** | **Tingkat Prokrastinasi Akademik** | |
| **∑ Responden** | **Persentase (%)** |
| Tinggi | 88 | 46% |
| Rendah | 103 | 58% |
| **TOTAL** | 191 | 100% |